

Action for Children - Sandwell Family Offer Newsletter September 2021



STAY AND PLAY



Monday: 9:30-11:00 @ Cape Hill Children's Centre

9:30-11:00 @ Friar Park Children's Centre

Tuesday: 9:30-11:00 @ Hillside Children's Centre

Wednesday: 1:00-2:30 @ Cape Hill Children's Centre

1:00-2:30 @ Friar Park Children's Centre

Friday: 9:30-11:00 @ Cape Hill Children's Centre

10:00-11:15 @ Burnt Tree Children's Centre

1:00-2:30 @ Greet's Green Children's Centre



Week commencing 13/09/2021. You do not need to book, you can turn up on the day of the session (please note the number of people in sessions is limited therefore please come on time to avoid disappointment)

Your local Children's Centres are providing Wellcomm language screenings.

Wellcomm is a Sandwell programme which we use between 18 months and 3 years to make sure a child's communication is progressing as it should. It is a short screening done by play, everyday interactions and looking at pictures. We feel by identifying a communication need early and providing that intervention before they go to school is most beneficial.

If you would like to arrange a screening, please contact 0121 588 5431



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Play Talk Read



Starting September 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10:30—11:30	<p>Burnt Tree Baby Massage (6 weeks—6 months)</p>	<p>Greets Green Baby Massage (6 weeks—6 months)</p> <p>Cape Hill Physical (18 to 36 months)</p> <p>Friar Park Centre Messy Play (9 months +)</p>	<p>Hillside Centre Junior Explorers (18 to 36 months)</p> <p>Friar Park Baby Massage (6 weeks—6 months)</p> <p>Burnt Tree Messy Play (9 months +)</p> <p>Cape Hill Messy Play (9 months +)</p>	<p>Hillside Centre Messy Play (9 months +)</p> <p>Burnt Tree Junior Explorers (18 to 36 months)</p>	<p>Cape Hill Baby Massage (6 weeks—6 months)</p> 
1:30-2:30pm	<p>Cape Hill Messy Play (9 months +)</p> <p>Friar Park Junior Explorers (18 to 36 months)</p>	<p>Cape Hill Junior Explorers (18 to 36 months)</p> <p>Hillside Children's Centre Little Sparklers (3 months—12 months)</p>	<p>Burnt Tree Little Sparklers (3 months—12 months)</p>	<p>Hillside Centre Baby Massage (6 weeks—6 months)</p> <p>Friar Park Centre Messy Play (9 months +)</p>	<p>Hillside Centre Music Magic (18 to 36 months)</p>

Places will be allocated on a first come first served basis due to


limited availability and for families who haven't accessed PTR provision in the last year.

Only 1 adult to 1 child permitted, to register your

interest or ask for further information then please call:

0121 588 5431



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Parenting programmes September 2021

Please call Hillside Children’s Centre on 0121 588 5431 to find out more information and to book your place!



<p>Tuesday am Stepping Stones @Hillside Children’s Centre (face to face)</p> <p>Solihull @Burnt tree Children’s Centre (face to face)</p>	<p>Wednesday am Triple P - Virtual</p> 	<p>Thursday am Stepping Stones@ Cape Hill Children’s Centre (face to face)</p> <p>Solihull @Friar park Children’s Centre (face to face)</p>	<p>Friday am Teen Triple P- Virtual</p> <p>Triple P – Virtual</p> 
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Triple P is suitable for all parents & helps learn strategies that will support the challenges parents face. Supports boundaries, routines and clear calm parenting. 8 week programme Suitable for families with children up to 11 years

Teen triple to help support parents as their children grow. Supports the changes & challenges parents face and adapts strategies so they are more suitable for teenagers. 8 week programme that empowers parents. Suitable for families with children 11yrs +

Solihull Approach is a 10 week programme which aims to help parents to understand their child’s development, communication and emotional needs



Suitable for families with children 0-18years

Stepping stones Triple P for families with children with additional needs & disabilities . Provides adapted, understanding & inclusive strategies. 9 week programme

Family Support:

Support can be provided to families on a 1-1 basis helping you to deal with an array of issues such as routines, boundaries and behaviours. Support is for families with children aged 0-19 years old (25 years if SEND). For us to be able to support you and offer the right type support, when you contact we will take some further information to complete a referral form. This will allow us to sign post you in the right direction and allocate a worker to support you and your family.

To find out more information or to refer yourself in, please contact your local Children’s Centre.



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Volunteering

Do you have any spare time and are you interested in volunteering with Action for Children to gain experience?

Roles include: Interpreting, Early years, Administration, Grounds Maintenance, Community Engagement

NEW Health Walks Leader, Litterwatch & Telephone Befriending

Training and support offered whilst volunteering.

Contact your local Children's Centres for more information.



You can also take a look at volunteering opportunities on our website:
actionforchildren.org.uk/support-us/volunteer-with-us



Courses on offer:

- CUSTOMER SERVICE Level 1 & 2 (3 weeks)
- ESSENTIAL DIGITAL SKILLS (Level 1&2)
- HEALTH & SOCIAL CARE Level 2 SBWA(Online 3 Weeks)
- ENGLISH (FUNCTIONAL SKILLS) Level 2
- WAREHOUSING Level 1 & 2 (2 weeks) (with Forklift licence)
- CUSTOMER SERVICE Level 3 (3 weeks)
- TEAM LEADERSHIP Level 2 (3 weeks)
- BUSINESS ADMIN Level 1&2 (3 weeks)
- MATHS (FUNCTIONAL SKILLS) Level 2
- ICT Level 1&2 (3 weeks)
- HEALTH & SOCIAL CARE Level 2 SBW (Online 3 Weeks)
- CUSTOMER SERVICE Level 1 SWBA (1 weeks)
- ENGLISH (FUNCTIONAL SKILLS) Level 2



*Free online learning for adults in the West Midlands.
Skills Training UK is committed to continue supporting the local community with FREE online learning for eligible learners.*



Contact your local Children's Centre for further information and for course bookings



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Worried? Confused?..Talk to us!

If you have any questions about how to support your child's learning during lockdown, need help managing your money or COVID is affecting you and your family in some other way...

We can help!

Monday to Friday 10am-3pm, Nadine, Molly and Michelle can take your call, text or email and answer any questions you have around local support, services, and opportunities available during these uncertain times.

Nadine – 07872675043 Email : nadine.sewdan@actionforchildren.org.uk

Molly – 07811712185 Email : Molly.Naylor@actionforchildren.org.uk

Michelle – 07976764895 Email : Michelle.Smith@actionforchildren.org.uk



Advice Surgery

Advice Surgeries for support with benefits, employment, immigration, debt etc are available.

Contact your local Children's Centre for more information and to book an appointment



SENDIASS



SENDIASS is about providing confidential, impartial support and advice for parents, carers, children and young people (0 - 25 years) in relation to Special Educational Needs and Disability.

Contact us on **0121 500 4010** for more information

Health and Wellbeing

We can support you to make positive lifestyle changes with support and guidance whether it is to do with mental health, smoking, weight management etc. Please call us on any of our Children's Centres numbers and we will be able to refer you so that you will get the help you need.


Breastfeeding Network

Breastfeeding Network are still here to support you with their virtual Mama B.E.A.R.S groups. For more information or for the link for the virtual groups, please message their Facebook page (@breastfeedingsandwell) or contact BFN on 07505775357.

Antenatal Changes

To book on to the FREE three week antenatal course, please call 0800 011 46 56 or alternatively book your place online by visiting www.bookwhen.com/changes



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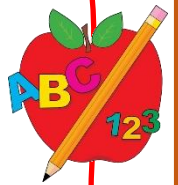


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ACTION FOR CHILDREN SUMMER EVENT 2021

Thank you to all of our families that came to our summer events across Sandwell, we loved seeing you there. A special mention to all of our partners who helped make the events a big success!



Children's Centres contact details:

Burnt Tree Children's Centre, 20-25 Tividale Street, DY4 7SD: 0121 557 0740


Greets Green Children's Centre, off Claypit Lane, B70 9EZ: 0121 500 4011

Hillside Children's Centre, Connor Road, B71 3DJ: 0121 588 5431

Cape Hill Children's Centre, Corbett Street, B66 3PX: 0121 555 6756

Friar Park Children's Centre, Dorsett Road, WS10 0JG: 0121 556 5405



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